

## What we do

The focus of this program is to help refugees and asylees age 60 and older gain access to services that meet their needs in a way that is supportive of their overall well being. Funding for this program provides for staff, volunteer management and interpreting services.

Overall there is a focus on helping elders connect to the community. An important program strategy is building collaborations and developing joint programming for refugee and asylee elders across agencies. We foster ongoing working relationships with various state agencies, non-profits, community groups, and ethnic-based community organizations who currently provide both formal and informal services to refugees, asylees and the elderly.



### Elder Refugee Services

#### Portland

Tracy Moore, LCSW  
Services to Older Refugees Coordinator  
(207) 299-1960  
tmoore@ccmaine.org

[RefugeeImmigrationServicesCCM.org](http://RefugeeImmigrationServicesCCM.org)



7/2019

## Services to Older Refugees



Connecting people  
*in our community*





## Elder Refugee Concerns

### Isolation

- Family loss and separation
- Difficulty in advocating for themselves because of cultural, language or educational barriers

### Aging and Illness

- Chronic health and emotional problems stemming from the conditions of refugee flight
- Limited access to appropriate health and social service agencies

### Income and Naturalization

- Limited incomes due to life and work histories
- Barriers to meeting requirements for naturalization, especially the English proficiency requirement

## Our Services

### Citizenship

We guide elder refugees through the process of obtaining United States citizenship.

### Tutoring

We provide tutoring in basic functional English and citizenship preparation.

### Senior Companion Program

Volunteers are matched with elder refugees for weekly home visits.

### Interpreting Services

Our Language Partners service provides interpreters and translation services.

### Legal Services

Family reunification, green cards, travel documents and other legal services are available through RIS Legal Services.



## Eligibility

All refugees and asylees (granted) age 60 years and older.

## How You Can Help

### Volunteer

Dedicated individuals are encouraged to contact us if they would like to invest some of their time to help refugees connect with the community.

### Collaborate

Any and all organizations interested in collaborating with Elder Refugee Services are encouraged and welcome.

### Outreach

Become more involved in your community. Take time to observe and ask elder refugees in your neighborhood if they need assistance with anything.

To learn more about Catholic Charities Refugee & Immigration Services' Elder Refugee program, please contact our coordinator at **(207) 299-1960** or email us at [tmoore@ccmaine.org](mailto:tmoore@ccmaine.org).

Visit us online at:  
[RefugeeImmigrationServicesCCM.org](http://RefugeeImmigrationServicesCCM.org)